





Módulo 3

A minha identidade culinária



A decisão é sua! A minha identidade culinária...

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| --- | --- |
| **Que valores defende?** | * **………………………………………… …………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** |
| **Quais os caminhos que o trouxeram até aqui?** | * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** |
| **Qual é a história da sua cozinha?** | * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** |
| **Quais são os seus pratos de assinatura?** | * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** * **……………………………………………………………………………………………………………………** |